

Nutrition Label

Goodman, Fudgy Brownies

Nutrition Facts	
12 servings per container	
Serving size	1 piece (15g)
Amount per serving	
Calories	45
% Daily Value *	
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 50mg	2%
Total Carbohydrate 10g	3%
Dietary Fiber 1g	3%
Total Sugars 7g	
Includes 7g Added Sugars	15%
Protein 1g	
Vitamin D 0.1mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 60mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	