

Nutrition Label

Goodman, Cookies, Pumpkin Chocolate Chip

Nutrition Facts

about 8 servings per container

Serving size
1 cookie (23g)

Calories 100
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 5g	7%	Total Carbohydrate 13g	5%
Saturated Fat 3g	14%	Dietary Fiber 1g	2%
<i>Trans</i> Fat 0g		Total Sugars 8g	
Cholesterol 0mg	0%	Includes 6g Added Sugars	12%
Sodium 75mg	3%	Protein 1g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.4mg 2% • Potassium 50mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.