

## Mini Banana Muffins

Nutrition Facts

6 servings per container

Serving size1 muffin (24g)

Amount per serving

Calories80

% Daily Value \*

Total Fat 3.5g5%

Saturated Fat 0g0%

Trans Fat 0g

Cholesterol 15mg5%

Sodium 105mg5%

Total Carbohydrate 11g4%

Dietary Fibers 0g0%

Total Sugars 4g

Includes 3g Added Sugars7%

Protein 1g

Vitamin D 0.1mcg0%

Calcium 30mg2%

Iron 0.2mg0%

Potassium 20mg0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4