

Mini Chocolate Muffins

Nutrition Facts	
6 servings per container	
Serving size	1 muffin (27g)
Amount per serving	
Calories	90
% Daily Value *	
Total Fat 4g	5%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 130mg	6%
Total Carbohydrate 12g	4%
Dietary Fibers 0g	0%
Total Sugars 7g	
Includes 7g Added Sugars	14%
Protein 1g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 40mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.	
Calories per gram:	
Fat 9	• Carbohydrates 4 • Protein 4